The Great Unequalizer: Initial Health Effects of COVID-19 in the United States

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- Hispanic and Black people have much higher excess mortality than non-Hispanic White people during COVID-19 pandemic
- Excess deaths in these groups especially high at younger ages
- Disparities in COVID-related health outcomes not explained by observed differences in underlying health or socioeconomic endowments
- Decomposition suggests that observably similar Black (or Hispanic) and White individuals have different outcomes due to institutional factors
- COVID-19 has compounded pre-existing mortality differences

Framework (1): Factors Influencing Covid Mortality



Additional factors:

- Employment loss?
- Education disruption?
- Changes in cash welfare?

Probability of infection depends on prevalence (p), number of contacts (n_i) and proportion of mitigated contacts (m_i):

 $\mathbf{P}[\text{COVID Infection}] = 1 - (1 - p)^{n_i(1 - m_i)}$

Race and SES affect all three factors going into this equation.

 Probability of death conditional on infection depends on access to higher quality health care facilities and distribution of preexisting conditions

- Excess mortality: deviation from linear mortality trend
- Age-adjusted excess mortality
- Years of potential life lost
- Much poorer measurement of other health outcomes (e.g. long-term COVID effects, or missed care for chronic conditions)

Racial disparities in mortality (1)



Racial disparities in mortality (2)

Figure 5 Measures of Racial and Ethnic Disparities in COVID-19 Pandemic Mortality



Decomposition of racial differences in hospitalization

$$\bar{Y}_B - \bar{Y}_W = \underbrace{(\bar{X}_B - \bar{X}_W)'\hat{\beta}_B}_{\text{endowments}} + \underbrace{\bar{X}'_B(\hat{\beta}_B - \hat{\beta}_W)}_{\text{returns to endowments}} + \underbrace{(\bar{X}_B - \bar{X}_W)'(\hat{\beta}_B - \hat{\beta}_W)}_{(\bar{X}_B - \bar{X}_W)'(\hat{\beta}_B - \hat{\beta}_W)}$$

interaction

Decomposition of Race-Based Differentials in Likelihood of Hospitalization Due to COVID-19

Overall gap in sample	Black versus White 0.070		Hispanic versus White 0.046	
	Endowments	0.011	0.007	0.003
Percent of total difference	16.2%	10.1%	6.5%	1.9%
Returns to endowments	0.016	0.020	0.012	0.026
Percent of total difference	22.8%	28.6%	24.9%	56.7%
Interaction	0.009	0.007	0.002	0.003
Percent of total difference	12.4%	9.9%	4.0%	6.1%
Number of observations	371,483		382,425	

- Observable characteristics:
 - Comorbidities: information on hypertension, diabetes, obesity, cancer, heart disease, and chronic obstructive pulmonary disease based on diagnosis codes in claims filed
 - Sociodemographics: age, sex, average educational attainment in the enrollee's census block of residence, and census division of residence
- Main point: Very little of the racial + ethnic gaps explained by differences in observed health or sociodemographics

Decomposition: interpretation of coefficients

- Very few socioeconomic controls e.g. no wealth, household income, own education, occupation etc
- Omitted variables may get loaded on 'returns to endowment'
- Simplistic example. Suppose DGP is identical for Black (B) and White (W) groups:

 $Y_W = \beta edu + \gamma wealth + \epsilon$

 $Y_B = \beta \mathsf{edu} + \gamma \mathsf{wealth} + \epsilon$

Only difference is that corr(edu, wealth) > 0 for White people and corr(edu, wealth) = 0 for Black people

• We observe education but not wealth. We correctly recover $\beta_B = \beta$ because there is no OVB. But we estimate $\beta_W = \beta + \gamma \delta < \beta_B$ where δ is coefficient from regressing education on wealth

Extra data from Miller, Wherry, and Mazumder (2021)



- Optum data doesn't include Medicaid, uninsured or people losing employment. May tend to understate race disparities
- Small point: sample includes all people hospitalized with COVID-19 plus 5% of everyone else. This means people more likely to be hospitalized (non-Hispanic Black, Hispanic) over-represented in sample

Bigger picture

- What can policy do to mitigate disparate health impacts of this pandemic?
 - Relief funding to hospitals Need+funding
 - Unemployment insurance, cash benefits
 - For future pandemics: dismantle systemic racism!
- Can we measure health + well-being effects of pandemic employment shocks, disruption to schooling?
- How can we measure longer run COVID morbidity? Hospital length of stay? Transitions to disability?
- Have racial disparities changed in successive waves of the pandemic? Has unequal roll-out of vaccines worsened disparities?
- How should we think about geography? Racial and ethnic minorities are 22% of rural population vs. 43% of urban population. Cities hit earliest and hardest.

Recession has Ended for High-Wage Workers, Job Losses Persist for Low-Wage Workers

While employment rates have rebounded past pre-COVID-19 levels for high-wage workers, they remain significantly lower for low-wage workers.



Decomposition sample selection

- Simplistic example. Suppose there are two groups, Black (B) and white (W) P(hosp|B) = 0.01 and P(hosp|W) = 0.05, RR = 2
- Probability Black person gets sampled is $0.01+0.05\times0.9\approx0.06\ \text{Probability for White person is}\approx0.06$
- P(hosp|B, sample) = 0.17 and P(hosp|W, sample) = 0.09, $RR \approx 1.8$

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Need and relief funding (Kakani et al. 2020)



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